

# AFRICAN CAH–DSD RESEARCH GROUP

## FIRST AFRICAN CAH–DSD SYMPOSIUM

**Day 1 – Thursday, April 23, 2026**

### Session 1

- ◆ Situation of CAH and DSD in African countries: challenges and opportunities
- ◆ Pragmatic approach for early diagnosis of DSD in a resource-limited setting
- ◆ Psychosocial stigma and gender assignment decisions in DSD and CAH

### Session 2

- ◆ Role and challenges of surgery in the context of DSD and CAH in Africa
- ◆ Facilitating acceptance of late surgery for parents
- ◆ Indications for gonadectomy in DSD

**Day 2 – Friday, April 24, 2026**

### Session 3

- ◆ Enhancing CAH management, including steroid replacement therapy, dose adjustment, and monitoring in challenging environments
- ◆ Emergency management of adrenal crisis: increasing community and healthcare worker awareness and preparedness
- ◆ Late presentation of CAH and dilemma of sex reassignment: Real cases from different psychocultural and religious perspectives
- ◆ Improving health and mental well-being in individuals with a late presentation of 46,XX CAH

### Session 4

- ◆ Clinical signs and first-line tests to guide the differential diagnosis of adrenal insufficiency
- ◆ 3 challenging cases in DSD and CAH from different African contexts

### Session 5

- ◆ Community education and counseling about CAH and DSD
- ◆ Clinical research and challenging case presentations

### Session 6

- ◆ Building a multidisciplinary DSD team in resource-limited contexts, and practical frameworks in challenging settings
- ◆ Opportunities for clinicians with an interest in Pediatric Endocrinology: PETCA/PETCWA/PEDAF and ESPE grants